

Weston Medical Education Foundation of India

Office No:- 99,9th Floor, Kalpataru Avenue, Opp. ESIC Hospital, Kandivali (East) , Mumbai -400101.

M: 9920154297 | W: www.wmefi.co.in

AGENDA

DAY 1 - 12th September, 2025 Time: 10:00 A.M. to 06:00 P.M.

Topics	Timing
Registration at Counter	10:00 a.m. to 10:25 a.m.
Welcome Note & Program Overview	10:25 a.m. to 10:50 a.m.
Hypertension Epidemiology & Burden in India	10:50 a.m. to 11:15 a.m.
Atrio-Ventricular Mechanics in HF	11:15 a.m. to 11:40 a.m.
Concept of Recovery & Remission in HF	11:40 a.m. to 12:05 p.m.
Immune Mechanism in HF Management: What's for the Clinician to Learn	12:05 p.m. to 12:30 p.m.
Audience Q & A	12:30 p.m. to 01:00 p.m.
Lunch Break	01:00 p.m. to 02:00 p.m.
IV Iron Therapy in HF: Evidence & Caveats	02:00 p.m. to 02:25 p.m.
Beta Blockers for HF management in 2024: How strong is the Old Pillar	02:25 p.m. to 02:50 p.m.
The Fifth Pillar of GDMT – Verciguat	02:50 p.m. to 03:15 p.m.
Optimization of GDMT in HF – Panel Discussion	03:15 p.m. to 03:40 p.m.
Audience Q & A	03:40 p.m. to 03:55 p.m.
Tea Break	03:55 p.m. to 04:10 p.m.
Contemporary Role of ARNI in HF with Co-morbidities	04:10 p.m. to 04:35 p.m.
Management of HFpEF: Where Do We Stand Today?	04:35 p.m. to 05:00 p.m.
Biomarkers in HF: Current Relevance and Future Directions	05:00 p.m. to 05:25 p.m.
Management of HFpEF – Panel Discussion	05:25 p.m. to 05:50 p.m.
Audience Q & A	05:50 p.m. to 06:00 p.m.



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DAY 2 - 13th September, 2025 Time: 10:00 A.M. to 06:00 P.M.

Topics	Timing
Hypertensive Heart Failure	10:00 a.m. to 10:25 a.m.
Early Diagnosis in HF: Role of Imaging & Echocardiography	10:25 a.m. to 10:50 a.m.
RAAS Inhibition Beyond Basics: ACEi, ARBs & ARNIs	10:50 a.m. to 11:15 a.m.
SGLT2 Inhibitors in HF: Translating Trials to Practice	11:15 a.m. to 11:40 a.m.
Management of Acute Decompensated HF: New Strategies	11:40 a.m. to 12:05 p.m.
Diuretics & Volume Management in HF: Optimizing Use	12:05 p.m. to 12:30 p.m.
Audience Q & A	12:30 p.m. to 01:00 p.m.
Lunch Break	01:00 p.m. to 02:00 p.m.
Cardio-Renal Syndrome: Bridging the Gap in Management	02:00 p.m. to 02:25 p.m.
Digital Health & Remote Monitoring in HF Care	02:25 p.m. to 02:50 p.m.
Novel Therapies in Pulmonary Hypertension with HF	02:50 p.m. to 03:15 p.m.
Multi-Drug Therapy Sequencing in HF – Panel Discussion	03:15 p.m. to 03:40 p.m.
Audience Q & A	03:40 p.m. to 03:55 p.m.
Tea Break	03:55 p.m. to 04:10 p.m.
Cardiac Rehabilitation & Lifestyle Modifications in HF	04:10 p.m. to 04:35 p.m.
HF in the Elderly: Special Considerations	04:35 p.m. to 05:00 p.m.
Genetics & Precision Medicine in HF	05:00 p.m. to 05:25 p.m.
Future of HF Management – Panel Discussion	05:25 p.m. to 05:50 p.m.
Audience Q & A	05:50 p.m. to 06:00 p.m.

DAY 3 - 14th September, 2025 Time: 10:00 A.M. to 01:00 P.M.

Topics	Timings
Nocturnal Hypertension: What do we do?	10:00 a.m. to 10:25 a.m.
Current Place of SGLT2i in the Management of Heart Failure	10:25 a.m. to 10:50 a.m.
Audience Q & A	10:50 a.m. to 11:15 a.m.
Breakfast	11:15 a.m. to 11:40 a.m.
ECG Challenge: Hyperlipidemia and Irregular Pulse	11:40 a.m. to 12:05 p.m.
Role of Cardio Selective Beta Blocker with focus on S - Metoprolol	12:05 p.m. to 12:30 p.m.
Discussion on the Session	12:30 p.m. to 12:50 p.m.
Closing Remarks & Vote of Thanks	12:30 p.m. to 01:00 p.m.